

My language year

A study calendar so you never break the streak

YEAR _____

MY GOAL THIS YEAR

_____

_____

I START AT LEVEL

☐ A0 ☐ A1 ☐ A2 ☐ B1 ☐ B2 ☐ C1 ☐ C2

I want to reach _____

FILL IN EVERY DAY YOU STUDY

Use one colour for what you did that day: Listened · Grammar · Read or wrote · Spoke

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Jan																															
Feb																															
Mar																															
Apr																															
May																															
Jun																															
Jul																															
Aug																															
Sep																															
Oct																															
Nov																															
Dec																															

MY LONGEST STREAK

____ days

WANT MORE TOOLS?

Free planners, study techniques and resources at canelith.com →

DAYS STUDIED

____ / 365



Canela's tip: don't break the chain. If you can't do 25 minutes one day, do 5: what counts is filling in the square.