

My language month

A monthly plan: one grammar topic per week

MONTH _____

MY GOAL THIS MONTH

Something you can check: “tell my daily routine in the past tense without stopping”, “finish 4 grammar topics”.

MY LANGUAGE AND LEVEL

☐ A0 ☐ A1 ☐ A2 ☐ B1 ☐ B2 ☐ C1 ☐ C2

Material this month

WEEK 1

Grammar topic

Listening and reading

New words (goal)

Done ☐ exercises __/5

WEEK 2

Grammar topic

Listening and reading

New words (goal)

Done ☐ exercises __/5

WEEK 3

Grammar topic

Listening and reading

New words (goal)

Done ☐ exercises __/5

WEEK 4

Grammar topic

Listening and reading

New words (goal)

Done ☐ exercises __/5

FILL IN EVERY DAY YOU STUDY (EVEN ONE BLOCK)

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

AT THE END OF THE MONTH

- ☐ I reviewed my word bank
- ☐ I went over my error notebook
- ☐ I redid the exercises for all 4 topics: __/20

Days studied: ___ of ___

NOW I CAN...



Canela's tip: one topic a week is enough. That is 52 topics a year: more than a whole level, with no stress.